

THRIVE™

Professional & Life Skills for Gen Z



THRIVE - Give your young adult the foundation for success: Confidence, communication skills, and the ability to thrive in the real world. **THRIVE**, A professional & life skills for Gen Z program, equips high school students and emerging young adults with the personal and professional skills that lead to long-term success—at school, university, work, and in life.

THRIVE™ guides participants success in:

- Interview Skills
- Professional Communication
- First Impressions Management & Presence
- Digital Footprint Awareness
- Career Readiness
- Financial Literacy



Goal Success
Our Goal is Your Success.

Professional & Life Skills for Gen Z

Today's Gen Z young adults are bright, capable, technology fluent, and proficient with social platforms. These digital strength often means fewer opportunities to develop essential interpersonal skills including:

- Confident face-to-face communication
- The ability to read social cues
- Personal device usage in a professional environment
- Effective Networking

The reality of Gen Z's lack of real-world work experience, increased device usage, and reduced in-person interactions—further impacted by COVID-19—have limited the everyday practice that builds professionalism and confidence in adult environments.

KEY FEATURES

- Professional Skills Mastery
- Polished Resume and LinkedIn Profile
- Highly Experiential Practice Based Approach
- World Class Multi-Generational Facilitators



TARGETED BENEFITS

- Stronger communication and presence in professional and academic settings
- Increased self-awareness and confidence
- Improved understanding of workplace etiquette
- Required personal finance literacy

EXPERT FACILITATION

Co-taught by **David Jacobson**, Founder of Goal Success, Inc., and **Ryan Jacobson**, a Gen Z consultant and Chapman University graduate.

Together, they model mentorship and communication across generations — combining 30+ years of leadership expertise with the modern Gen Z perspective.

QUICK FACTS

- Average Class Size: 10-15
- Length: 9 Hours
- Flexible Scheduling



THRIVE helps young adults integrate communication, professionalism, and self-awareness into daily life. The practice based approach supports continuous growth and builds habits that last long beyond the program.

EFFECTIVE LEARNING STRATEGY

THRIVE emphasizes hands-on skills practice. A safe, supportive environment encourages participants to take risks in practicing new skills, self-reflect and share openly. Facilitated exercise including making effective small talk, mock interviews, collaborative discussions, and feedback build both confidence and capabilities essential for Gen Z success in the workplace, school, and life.



GOAL SUCCESS LOCATIONS



LEGEND

- Corporate Headquarters
- Global Delivery Teams / Program Delivery Locations

Goal Success, a premier global training and development organization, helps individuals, teams and organizations achieve their most critical goals.

With services ranging from world-class leadership development solutions to high impact training programs, curriculum design and executive coaching, Goal Success delivers lasting results.



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For more information about our products and services, please contact us at:

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